

August 16th, 2019

# Newsletter



CAIRNS  
ADVENTIST COLLEGE

## Dates to remember:

Sunday 18th Aug  
Bonfire night

19th-23rd Aug  
Book week

28th- 30th Aug  
5/6 school camp

Tuesday 27th Aug  
Fathers day Stall

## PRINCIPAL'S MESSAGE

Dear Parents,

Last Friday we said 'goodbye' to 4 of our Chinese students. They enjoyed themselves immensely whilst here and their parents had many positive things to say as well. I was hearing from one of the students about what it is like to live in China. They live in an apartment building on the 9<sup>th</sup> floor and they have a dog and cat. I believe we are truly blessed to live where we do and to be able to enjoy wide-open spaces. The parents were amazed at our school and the space that we have, the sugar cane all around us and especially the views.

Our annual bonfire night is this Sunday night. All are invited to attend. This year we will have a jumping castle and slide for the kids to enjoy with unlimited rides for \$5pp starting at 4pm. Our bonfire, hot food etc will start at 5.30pm. Come along and enjoy some hot foods and hot drinks around the fire whilst chatting with friends.

God bless  
Adam



## C.A.C WAY AWARDS

### Term 3, week 3 Congratulations to the following students

Jaelyn and Joseva for learning enthusiastically

Deutron and Chloe for welcoming change

Joshua and Agata for serving generously



### Term 3, week 4 Congratulations to the following students

Hailoh, Yiyi and Ashlee for learning enthusiastically

Milly for welcoming challenge

# WHAT OUR PREP CLASS HAS BEEN UP TO...

What a term! We seem to be so busy and there are so many things happening. We have been working hard and enjoying lots of different activities. The children enjoy playing games as they learn their maths. We have also built a model of the setting for My Mob Going to the Beach as well as one for our special place as we learn about the features of places. In health we have learned that we all have different feeling and we can look out for others. We also made Chocolate Crackles to sell at the cross country as a fund raiser to buy an iPad for our classroom. We have also been collecting containers for change to help with this. So far we have raised almost \$100. If you would like to help with this you can bring in (or send them in) any containers and place them in the recycle bin next to the library. Your help will mean that we can get iPad sooner. Thank you for all of your support throughout this term.



## FROM THE OFFICE

### School Banking

As most of you know our school is involved in commbanks school banking programme helping students learn the importance of saving. After banking 10 times all students have the opportunity to order a prize. If you think this is something that you and your child/ren might be interested in doing please contact the office or complete the form attached in the email. This is also a great and easy way to support our school.

### Fees

Thankyou to all those that have paid their fees for this term and received their prompt payment discount.

At CAC we understand that life can get busy, Setting up direct deposit is a great way to keep on top of those sneaky school fees.

## CHAPPIES CORNER

### Parenting in the Digital Age

Parenting in the 2st century can be a scary endeavour. Growing up many of us were taught how to be safe out on the streets, but now our children also need to be safe on the internet. You can tell your child to avoid the bully at school, but what about the one that texts, emails, or torments them on social media, what do you do then? Here are some tips to help:

#### 1. Communicate with your child.

Stay involved in your child's online activities by talking with them and showing interest in their online world. Ask them to show you their favourite websites or the latest app or online game. Ask questions like – "Who are you talking to?" "What are you doing online?" "Where are you going online?" While on the surface this may seem overly nosey, the alternative is that you may be left unaware when they run into trouble online.

#### 2. Set time limits for Internet and cell phone use.

Set guidelines with respect to Internet and cell phone use and learn the warning signs of too much online time: skipping activities, meals and homework; weight loss or gain; falling grades. If you have younger children, set boundaries now. If you have older children, incorporate new rules with new devices. One family used this bedtime ritual: hugs, kisses, devices off and Smartphones handed over.

#### 3. If you face an online issue: don't panic. Parent.

If you are faced with an online issue, don't immediately remove your child's electronic devices if s/he comes to you with a problem. Don't criminalize your child for inappropriate behaviour. Use the issue as a teaching point and a communication opportunity.

Last word of advice: continue parenting your child in the online world as you do in the offline world – by using your own good common sense and experience. Be supportive, set boundaries, and offer opportunities to explore and develop.

The Bible says, in Proverbs 22:6, Direct your children onto the right path, and when they are older, they will not leave it. Our world is constantly changing, and new sites and apps are popping up all the time, but teaching your kids to make good choices is timeless and will serve them well no matter what superhighway they may find themselves navigating in the future.

God bless,



# BOOK WEEK – Next Week!!

Book Week will run next week – from Monday to Thursday. All classes will enjoy hearing stories from their own and other teachers. These will be complemented by an activity related to the theme of the books.

A “Book Character Parade” is planned for Thursday morning. Students are invited to come to school dressed as a character from a favourite book. We ask that your child bring a copy of the book from which they have taken their character, or a print out explaining who their character is. Prizes will be awarded to the Most Creative and Most Different Costume from each class. We encourage friends and family to come along to this wonderful and colourful event!

We will also run a ‘Book Fair’ during the week. We will have a wide selection of books, posters and stationery items from Ashton Scholastic, and Christian resources from the Adventist Book Centre (Townsville).

Students and their parents/carers will have opportunity to choose which items they wish to purchase (or order – if there are more purchasers than items in stock). Purchase day will be on Thursday.

Proceeds raised from book sales (and the Guessing Competition) will go towards purchasing new school resources and amazing children’s books.

We look forward to enjoying a week of exploring reading and books with your children and encourage you to become involved in anyway that you may be able.

## Book Week Guessing Competition

As part of our Book Week activities, we have a guessing competition!

The cost is 20¢ per guess or 6 guesses for \$1.

To enter the competition, please stop in at the office and take a look at the book that is on display. Take a guess at how many pages (that is individual sheets of paper between the front and back cover of the book) there are and note your name and guesses on the form provided.

We look forward to seeing your entry...Happy Guessing!

